

For medical institution use

Start Date of Treatment with YAZ Flex

Y M D

Inquiries on YAZ Flex

Bayer Yakuhin Ltd. Help desk

YAZ Flex Call Center : **01 20-822-091**
(Japanese only)

24 hours a day, 365 days

PP-YZF-JP-0102-19-05

Patient card

Improving agent for pain associated with endometriosis /
Therapeutic agent for dysmenorrhea

To YAZ Flex users

- **Thromboembolism (blood vessel occlusion by blood clot)** could happen when you take YAZ Flex.
- **Keeping regular visits** to your doctor can help preventing thromboembolism at an early stage.
- If you notice the development of the following symptoms, **please go immediately to an emergency medical center.**

- Sudden pain in the leg/swelling
- Weakness/paralysis of hand and leg
- Sudden shortness of breath and squeezing chest pain
- Severe headache, difficulty with speech (or slurred speech)
- Sudden visual impairment (eg., poor vision or narrowed visual field)

Please, show this card whenever you visit any physician.

Patient card

Improving agent for pain associated with endometriosis /
Therapeutic agent for dysmenorrhea

To YAZ Flex users

- Thrombosis should be suspected when the following symptoms appear. Stop taking YAZ Flex and make an appointment **with a doctor immediately**, even if symptoms seem to be mild.

Pain in the leg/ swelling/ numbness/ redness/ hot flushes, headache, vomiting/ nausea, etc.

- When the following condition develops, stop taking YAZ Flex and make an appointment **with a doctor immediately**.

Difficulty in moving body, dehydration, etc.

Standing still for a long time or lower water intake contributes to thrombosis onset.
Drinking water frequently and moderate workout is recommended

To doctors or physicians

- This patient is taking YAZ Flex (estrogen and progesterone combination preparation).
- **Thrombosis* (due to estrogen and progesterone combination treatment) should be suspected**, if a patient reports any of the symptoms described before (see the red square on this card)
*Leg venous thrombosis and pulmonary thromboembolism, mainly. Infrequently intracranial venous sinus thrombosis, cerebral infarction, mesenteric vessel thrombosis, retinal vascular thrombosis, myocardial infarction, etc.
- If abnormal symptoms are present, please contact the physician who had prescribed YAZ Flex, whenever it is necessary.